

Frontline First Aid

Instructor Training Pre-Course Study Guide



This booklet is to be completed BEFORE the first day of your First Aid & CPR Instructor course.

Answers to questions will be found throughout all Instructor Course materials:

- First Aid & CPR Instructor Manual
- CPR Student Manual
- First Aid & CPR Student Manual
- Adobe Presentations (Data-Stick PDF files)
- [Canadian Red Cross National First Aid Program Standards](#)

1. What is the difference, in Course Content, between an Emergency First Aid course and a CPR C course?
2. How many levels of CPR certification are available through the Canadian Red Cross?
3. What is the minimum Instructor certification required to teach CPR HCP?
4. What is the minimum Instructor certification required to teach Advanced Wilderness & Remote First Aid?

5. What Instructor certification is required to teach Emergency Medical Responder?
6. Where can up to date versions of the Standard First Aid Knowledge Evaluations be found?
7. What are the eligibility requirements for a Specialized First Aid Instructor course?
8. What specific levels of Instructor certification are available through a Specialized First Aid Instructor course?
9. What are the eligibility requirements to attend a First Aid Instructor Recertification course?

10. What is the minimum score required to pass an Emergency First Aid written evaluation?
11. What is the minimum score required to pass a First Aid Instructor knowledge evaluation?
12. How long is a Canadian Red Cross Standard First Aid certificate valid for?
13. What is the maximum Student : Instructor ratio for Standard First Aid courses?
14. How long is an Instructor certification Grace Period?

15. Can an Instructor continue to teach during an Instructor certification Extension?
16. What is the minimum age required to attend a Babysitting course?
17. What is the minimum age required to attend an Emergency First Aid course?
18. What is the eligibility requirement to attend a Standard First Aid Recertification course?
19. How many AED Trainers are required to teach a CPR course with 10 participants?

<p>20. How many AED Trainers are required to teach a Standard First Aid course with 14 participants?</p>
<p>21. How often must CPR mannequins be decontaminated?</p>
<p>22. What is the difference, in Course Content, between Emergency CCFA and Standard CCFA?</p>
<p>23. What are the 5 Rights of Medication?</p>
<p>24. What pages of the CPR Student Manual contain Additional Skills for Health Care Providers?</p>

25. What pages of the First Aid & CPR Student Manual contain Additional Skills for Health Care Providers?

26. At what Level of CPR is Rescue Breathing taught?

27. What does the acronym FAST stand for?

28. What severity of Burn may include charred or waxy, white flesh?

29. What are the "Vital Signs" taught to students in an Emergency First Aid course?

30. What does the acronym H.A.IN.E.S stand for?

31. What are the 3 components of a Secondary Survey in a Standard First Aid course?

32. What are the 4 general types of poisoning?

33. What are the 4 Methods of Disease Transmission?

34. What is the minimum required space between AED pads?

35. Can AEDs be used on Infants and Newborns?

36. Do First Aiders need to differentiate between Hypoglycemia and Hyperglycemia?

37. What age range is considered to be a Child for CPR purposes?

38. What does the acronym DARE stand for in Child Care First Aid?

39. What are the "Must Knows" for Epiglottitis and Croup?

40. What are the “Must Knows” for Crush Injuries?

41. How far above the injury should a Tourniquet be applied in Marine First Aid?

42. What does CPR stand for?

43. What does AED stand for?

44. What are the 7 Fundamental Principles of the Canadian Red Cross?

45. In what year was the British Red Cross founded?

46. What is the suggested amount of time to spend on Head and Spine Injuries in a Standard First Aid course?

47. What are the components of the 4Ds?

48. List 3 Disadvantages of PowerPoint presentations

49. List 3 "Do's" for Flip Charts

50. What are the 4 Learning Styles?

51. What are the 9 Multiple Intelligences?

52. What are the 3 Domains of Learning?

53. What is the difference between a “Standard” and a “Practice”?

54. How many Adobe Media Presentations are used in a Standard First Aid course?