

Frontline First Aid  
Lesson Plan Example – Skill Presentation

Lesson Planned Attaching an AED

Total Time: 5 minutes

**Objectives**

1. Familiarize students with how to attach an AED to a person who isn't breathing
2. Emphasize the simplicity of this process, alleviating student concerns regarding making mistakes

**Evaluation Criteria**

- Students will each be given the chance to attach an AED to a mannequin
- Instructor will observe students as they perform the skill...correcting errors as necessary

Topic	Activity	Time	Resources
Lesson Objectives	Review objectives identified above	1 minute	Student Manuals
Demo	Instructor silently goes through the process of attaching an AED to a mannequin as the class observes (note: the AED is NOT turned on at this time...only the process of attaching the pads to a bare chest is covered here)	30 seconds	AED trainers Mannequins with Shirts
Describe	Instructor repeats the process, more slowly...verbally explaining each step of the process	1.5 minutes	AED trainers Mannequins with Shirts
Do	Each student is assigned an AED trainer and Mannequin...and performs the process as demonstrated by the Instructor	1 minute	AED trainers Mannequins with Shirts
Discuss	Instructor answers questions regarding the skill...referring students to their Manuals whenever possible	1 minute	Student Manuals AED Trainers Mannequins