CHECK

Check Scene

- Hazards?
- What happened?
- How many need help?
- Helpers available?

Check Person

- Call out to them
- Introduce Yourself
- Get permission to help
- Can’t answer? Permission Implied
- Do they appear hurt or unconscious?

Check ABC’s

- Airway: Open and Clear? Head-Tilt-Chin-Lift?
- Breathing: Yes...or...No Alive?...or...Dead?
- Circulation: Visible Bleeding? Skin appearance

CALL

- 9-1-1

Decision

- Should you call 9-1-1?
- Not sure = CALL 9-1-1

Calling

- Send someone else if possible
- Have them get an AED and report back to you

CARE

Ongoing Care for potentially life-threatening problems

- Airway: Keep airway open and clear Roll them if needed
- Breathing: Ensure they keep breathing CPR if they are not breathing
- Circulation: Control major bleeding Treat for Shock

5 Rights of Medication

1. Right Medication
2. Right Person
3. Right Time
4. Right Amount
5. Right Method

Secondary Survey

Interview

- Signs & Symptoms: What is hurting and where?
- Allergies
- Are you allergic to anything?...Exposed?
- Medications
- Do you take or need any medications?
- Previous Medical History Eg: Diabetes...Asthma...Angina
- Last Meal
- What and when did you last eat or drink?
- Events Leading Up To
- What were you doing when this started?

Vital Signs

- Consciousness: More or less than before
- Breathing: Better or worse than before
- Skin: Look and Feel

Head to Toe

- Hands On: Feel for Injuries
- Hands Off: Have person move each part slowly

Continuously Monitor and Re-evaluate