Frontline First Aid SFA Recertification Course Outline



	Introductions and Attendance
	The Red Cross
	Preparing to Respond
	Injury Prevention
	Barriers to Action
	 Methods of Disease Transmission
	 Protecting Yourself
	EMS and the Role of the First Aider
	Check-Call-Care
	 Checking the Scene
	 Life Over Limb
	 Near Drowning
	Checking the A-B-C's
	○ Calling 9-1-1
	When to Call 9-1-1
	 Providing Ongoing Care
	Shock Overview
	 Signs and Symptoms of Shock
	 Shock Treatment
	 H.A.In.E.S. Roll – Recovery Position
	Airway Anatomy
	Mild Choking
	Severe Choking
	Choking Procedure Modification
	Respiratory Arrest
	CPR & AED – One Rescuer
	 CPR & AED – Two Rescuer
	 CPR with Obstructed Airway
	Conscious Choking – Infant
	Infant CPR
	CPR with Obstructed Airway – Infant
	CPR Special Considerations
	 Mouth to Mouth
	Mouth to Stoma
	 Compressions Only CPR
	 One Hand Compressions
	When to Stop CPR Air in the Story and
	Air in the Stomach Vaniting during CDB
	Vomiting during CPR ACD Positions
Ш	AED Review
	AED Special CircumstancesWater and Metal
	PacemakersBody Hair
	O Dody Hall

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	Breathing Emergencies
	 Hyperventilation
	 Asthma
	 Anaphylaxis
	The 5 Rights of Assisting with Medication
	Heart Attack and Angina
	 Nitroglycerin
	o ASA
	 Chest Pain
	 Cardiac Arrest
	Stroke
	TIA
	Deadly External Bleeding
	Internal Bleeding
	Secondary Surveys
	 S-A-M-P-L-E Questions
	 Vital Signs
	 Hands-Off Head to Toe Examination
	 Hands-On Head to Toe Examination
	 Complete Primary and Secondary Survey – Unresponsive Patien
	 Complete Primary and Secondary Survey – Responsive Patient
	Wound Care Anatomy
	Minor Cuts and Scrapes
	 Stitches
	o Infection
	Impaled Objects
	Crush Injury
	Nose Bleed
	Ear Injury
	Knocked Out Tooth
	Scalp Injuries
	Amputations
	Chest Injuries
	 Flail Chest
	 Pneumothorax and Hemothorax
	Burns
	Chemical Burns
	Electrical Burns
	o Thermal Burns
	Superficial – 1 st Degree Burns Portial Thickness – 2 nd Degree Burns
	o Partial Thickness – 2 rd Degree Burns
	Full Thickness – 3 rd Degree Burns Fire Injury - Local Chiest
	Eye Injury – Loose Object Eve Injury – Impaled Object
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