First Aid & CPR Assessment Model

1. Check

Scene
<table>
<thead>
<tr>
<th>Hazards</th>
<th>How many hurt</th>
<th>Helpers</th>
<th>What happened</th>
</tr>
</thead>
</table>

Person

A. Airway
   - Open and Clear?
   - Head-Tilt-Chin-Lift

B. Breathing
   - Look-Listen-Feel
   - 5-10 Seconds
   - Yes...or...No

C. Circulation
   - Visible Bleeding?
   - Visible Injury?
   - Skin Appearance
First Aid & CPR
Assessment Model

2. Call
9-1-1

Tell the dispatcher:

- Police...Fire Rescue....Ambulance
- Where the emergency is
- Phone number you are calling from
- Your name
- What happened
- How many and condition of people involved
3. Care

Assess and Treat Immediate Life Threatening Conditions
4. Secondary Survey

SAMPLE Questions

S - Signs and symptoms
A - Allergies
M - Medications
P - Past medical history
L - Last meal
E - Events leading up to

Vital Signs

Level of Consciousness
Breathing
Skin

Head to Toe
### First Aid & CPR Assessment Model

**CPR**

- **Breastbone (sternum):** Chest compressions are performed between the nipples.

### CPR Guidelines

<table>
<thead>
<tr>
<th>Age</th>
<th>One Rescuer</th>
<th>Two Rescuers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult</td>
<td>2”</td>
<td>30:2</td>
</tr>
<tr>
<td>Child</td>
<td>2”</td>
<td>30:2</td>
</tr>
<tr>
<td>Infant</td>
<td>1/2 - 1/3</td>
<td>30:2</td>
</tr>
<tr>
<td></td>
<td>Chest</td>
<td></td>
</tr>
</tbody>
</table>